

AUTUMN TERM 1		CLASS TOPIC	AREA OF PSHEE - RSE/ONLINE SAFETY/WELLEBEING/LIFE SKILLS/CAREERS/PERSONAL DEVELOPMENT/ PROGRESS REVIEW	LEGAL ASPECTS
Lesson 1 - 7th September		<b>Introduction to Ashbourne</b> - technology, setting up google classroom, drive and using docs. Ashbourne Emails. Understanding Ashbourne expectations of students - Rules, code of conduct and expectations. Who to go to / How to access help and support, both Academically and Personally	PERSONAL SKILLS DEVELOPMENT	
Lesson 2 - 14th September		<b>Online Safety</b> - Personal settings / Risks of being online / Chat rooms/ Gaming/ Grooming / Online Bullying- Understanding the law and how to access support or help if required.	ONLINE SAFETY	
Lesson 3 - 21st September YELLIS TESTING		<b>YELLIS TESTING</b>		
Lesson 4 -28th September		<b>Study Skills</b> and organisation. How the brain works developing memories	PERSONAL SKILLS DEVELOPMENT	
Lesson 5 - 5th October		<b>Personal Wellbeing</b> - Sleep & Goal Setting - identifying own successes & challenges & key strategies for improvement. (Independent learning & Growth Mindsets.) - Carol Dweck.	WELLBEING & MENTAL HEALTH	
Lesson 6 - 12th October		<b>REVISION - MOCK WEEK</b>		
Lesson 7 - 19th October		<b>Half Term Reflection &amp; Quiz</b>	PERSONAL PROGRESS REVIEW	
<b>26th October</b>	<b>HALF TERM</b>	<b>HALF TERM</b>		
Lesson 8 - 2nd November	<b>REFLECTION AND GOALS</b>	<b>HT 1 PROGRESS REVIEWS/ SMART GOALS (INTRODUCTION &amp; SETTING)</b>	PERSONAL PROGRESS REVIEW/PERSONAL SKILL DEVELOPMENT	
Lesson 9 - 9th November - ANTI - BULLYING WEEK		<b>Anti Bullying - (SMSC)</b> Understanding what Bullying Means - Reasons/ Responses/ Ashbourne's regulations./ Developing positive response strategies.	WELLBEING	
Lesson 10 - 16th November		<b>Healthy Relationships</b> Friendships and Relationships - Balanced & respectful V Coersive and bullying. School rules and the law. Knowing your legal rights. INCLUDING ONLINE RELATIONSHIPS & sharing of images. (Sexting.)	RSE CURRICULUM	
Lesson 11 - 23rd November		<b>RSE - Healthy Relationships &amp; CONSENT- Workshop</b>	RSE CURRICULUM	
Lesson 12 - 30th November		<b>Presentational Skills</b> - Presenting as an Individual (The person who inspires me most) & as a Group (Nominated Charity)	PERSONAL SKILLS DEVELOPMENT	

Lesson 13 - 7th December		<b>MOCK WEEK - REVISION</b>		
Lesson 14 - 14th December		<b>End of term Activity - Personal Progress Assessment &amp; Knowledge Check</b>	PERSONAL PROGRESS REVIEW	
21st December	<b>XMAS HOLIDAY</b>			
28th December	<b>XMAS HOLIDAY</b>			
<b>SPRING TERM 2</b>				
4th January	<b>REFLECTION AND GOALS</b>	Personal Progress Reviews HT2 / Smart Goals HT3	PERSONAL PROGRESS REVIEW	
11th January		<b>Substances abuse</b> - Drugs and alcohol - Understanding the Law and Ashbourne's policies.	RSE & HEALTH CURRICULUM	<b>HUMANKIND FACILITATORS</b>
18th January		<b>British Values- Trip to Parliament</b> - / Introduction to Democracy and preferential voting. Class exercise - democracy in action - voting for the Class Captains / Student Rep	BRITISH VALUES	<b>UK GOV</b>
25th January		<b>Wellbeing</b> - Maintaining Good Mental health	HEALTH & WELLBEING - MENTAL HEALTH	
1st February	<i>MOCK WEEK</i>	<b>Mock Revision</b> - English Focus	PERSONAL SKILLS DEVELOPMENT	
7th February				
15th February	<b>HALF TERM</b>			
22nd February	<b>REFLECTION AND GOALS</b>	<b>HT3 Progress Reviews</b> - Personal Assessment & Smart Goals	PERSONAL PROGRESS REVIEW	
1st March		<b>Developing Financial Skills</b> - Understanding how Finances Work - SALARIES/ TAX/ NI/PENSIONS. Opening a Bank Account. Savings Accounts.	FINANCIAL SKILLS DEVELOPMENT	
8th March		<b>Developing Financial Skills</b> - Managing a budget - Income v Outgoings.	FINANCIAL SKILLS DEVELOPMENT	
9th March		<b>Wellbeing</b> - Managing Anxiety	HEALTH & WELLEBEING - MENTAL HEALTH	
16th March	<i>MOCK WEEK</i>	<b>MOCK EXANS - EXAM SETTING</b>		
22nd March		<b>End of term Activity - Personal Progress Assessment &amp; Knowledge Check</b>		
29th March	<b>EASTER REVISION</b>			
6th April	<b>EASTER REVISION</b>			
12th April	<b>EASTER REVISION</b>			
<b>SUMMER TERM 3</b>				
19th April	<b>REFLECTION AND GOALS</b>	HT4 Progress Reviews /Personal Assessment & Smart Goals and EXAM PLANNING		
27th April		<b>Wellbeing</b> - Managing Anxiety - Staying Healthy during Exams		
3rd May	<b>ACTIVE REVISION SKILLS</b>	<b>GCSE Focused Revision Begins</b>		
10th May				
17th May				

24th May				
<b>31st May</b>	<b>GCSE EXAMS TIMETABLE</b>	<b>GCSE EXAMS TIMETABLE</b>		
<b>7th June</b>	<b>GCSE EXAMS TIMETABLE</b>			
<b>14th June</b>	<b>GCSE EXAMS TIMETABLE</b>			
<b>21st June</b>	<b>GCSE EXAMS TIMETABLE</b>			
<b>28th June</b>	<b>GCSE EXAMS TIMETABLE</b>			